

## Kin Ryu Judo Club international fighters



Pictured above Kin Ryu's junior Lugji team: Kirstyn Chase, Joseph O'Doherty, Jack Thompson, David O' Doherty, Corlia Robertson, William Burke, Adam Funnell, Zack Wake, Peter Neave, Jane Neave

Last Weekend twenty members of Kin Ryu Judo Club journeyed out to Lund in Sweden to take part in the Budo Nord Cup and Lugji judo training camp and kids cup competition.

This is a three day training camp and competition, with coaching from some of the top judo coaches in Europe including former Olympic, World, and European Champions.

The camp plays host to over 800 young fighters from across Europe and as far away as the USA.

The 10 adults and 10 children, had training for 3 hours a day, but showed that they are able to keep up with some of Europe's best young competitors, learning skills and taking part in mass training sessions.

Fighting in the Budo Nord Cup were 14 year old David O'Doherty and 13 year old Kirstyn Chase.

For Kirstyn it was her first time competing at this level and for David a chance to better his 5<sup>th</sup> place at the event last year.

Kirstyn had a tough draw fighting the Swedish champion in the first round, and despite going up a score early on she was unable to hold her lead and lost her contest.

David fought well winning his first 2 fights in style with superbly executed throws.

In the semi-final David came up against the Swedish national champion and despite it being a close fight he lost and had to fight for bronze.

His bronze fight went to plan and David took the bronze medal, throwing his opponent from Finland in under 30 seconds.

Following the competition it was the start of the camp and on the Saturday, despite 3 hours of training, it was the turn of the younger fighters to enter their competition.

6 Kin Ryu junior players fought in the Lugji Kids Cup Joseph, Jack, Adam, William, Zack and Corlia.

All fought well against tough opposition and resulted in Zack finishing just outside the medals in 5<sup>th</sup> place, Corlia and Adam winning bronze and Joseph, Jack and William taking gold.

Although tired everyone, children and adults, finished the camp in good spirits and are looking forward to next year.

Well done to all!!

Kin Ryu Judo Club train at K2, Crawley, Juniors Mon 5-6 and 6-7.30, Wed 7-8.30, Thurs 6.30-8 Seniors Mon 9-10.30, Wed 8.30-10, all new beginners welcome. For more information call Lisa Harrison on 07940653563, check us out at [www.kinryu.org.uk](http://www.kinryu.org.uk) or come visit us at K2!